

# January Message

Hello John Wilson Families,

While we may not have been able to start off the new year as we had hoped, we are thankful to be back in school with our students! And January has finally brought us some warmer weather which we are grateful for! As we reflect on all we have been through and what we continue to navigate, a focus on health and wellness is so important and is integrated in to our daily activities. Our staff provide many opportunities for hands on learning, movement breaks, daily physical education, social interaction and play throughout the day. On that note, we enjoy heading outside to play as much as we can. We often have P.E. classes outside, which the students love! Thank-you for helping your child dress appropriately so they are ready for these opportunities! Our classrooms engage in daily conversations and activities that focus on health and wellness and we are fortunate to have the YES! Program on Innisfail Campus. This program provides targeted sessions in classes to promote wellness- you may have heard your child come home and talk about Mr. G. after he has been in the classroom!

We also have our Family School Wellness Worker, Mrs. TaShawna Roberts, available to support student and families experiencing changes or difficulties. Please feel free to reach out to connect directly with TaShawna if you have any questions via the school phone number 403-227-3292.

Our staff at John Wilson continue to work diligently to maintain the COVID protocols and guidelines set by Alberta Health Services and Chinook's Edge School Division. We appreciate all of these daily safety efforts! A thank-you also goes out to all of our families for your continued support in our endeavours to help keep everyone safe by:

- Ensuring your child wears a mask if they ride the bus
- Ensuring that your Grade 4 student brings a mask to wear at school
- Using the updated [Daily Checklist](#) to assess your child's health each day
- Having your child remain at home if they are ill or are showing symptoms
- Ensuring your child stays home for the duration of any [isolation period](#) in place- this would include isolation periods arising from travel outside of Canada
- Notifying the school and keeping your child at home if they are not feeling well

As always, we hope you are doing well and staying safe. If you need anything or have any questions please do not hesitate to give us a phone call at 403-227-3292. We are a community supporting one another as we continue to provide the best educational experience for our little learners as we maneuver the twists and turns that come our way. On behalf of the staff at École John Wilson Elementary, I would like to wish you a year filled with health, happiness, laughter and a return to closer to normal sooner than later! Together, we will remain positive and persevere!

Respectfully,  
Angela Warke, Principal

