



Central Alberta  
Regional Consortium



# MANAGING ANXIETY

with Tammy Schamuhn



Sept. 27/22

4:00 pm - 6:00 pm

Online via Zoom

<https://carcpd.ab.ca/programs/details-admin/?id=11014>



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For more details: <https://carcpd.ab.ca/programs/details-admin/?id=11014>

