



**Child Mind  
Institute**

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Our partners at the Morgan Stanley Alliance on Children's Mental Health are hosting the below event on Tuesday, October 4, featuring Child Mind Institute Vice President of Research **Michael Milham, MD, PhD**, and School and Community Programs clinician **Allison Dubinksi, LCSW**.

## **Parenting in the Digital Age: Fostering Well-being and Resilience**

**October 4, 2022**

**12:00 PM – 1:00 PM EDT**

**Format: Virtual**

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Families are spending more time on screens than ever — from using social media and news sites to gaming and streaming. How does this behavioral shift impact family dynamics and well-being? How are parents and caregivers adapting strategies for the digital age? And how does their own internet usage ultimately affect their children's consumption?

We invite you to join us for an expert panel, hosted by the Morgan Stanley Alliance for Children's Mental Health, discussing:

- New research on internet usage and family connectedness
- How to foster digital and mental well-being with your family
- How to mitigate risks and build resilience online

Speakers include:

- **Allison Dubinski, LCSW**, Licensed Clinical Social Worker, School and Community Programs, Child Mind Institute.
- **Linda Charmaraman, PhD**, Senior Research Scientist and Director, Youth, Media, & Wellbeing Research Lab, Wellesley Centers for Women, and JED Consulting Expert.
- **Michael P. Milham, MD, PhD**, Vice President of Research and Phyllis Green and Randolph Cōwen Scholar, Child Mind Institute.
- **Joan Steinberg**, Global Head of Philanthropy, President, Morgan Stanley Foundation and CEO, Morgan Stanley Alliance for Children's Mental Health Advisory Board.

**[View event information and register for this event.](#)** The deadline to register is Monday, October 3, 2022.

[REGISTER TODAY](#)

Please contact [acmhevent@morganstanley.com](mailto:acmhevent@morganstanley.com) with any questions.



