

February always finds us highlighting our continuous focus on friendship, kindness, empathy and being inclusive as it provides natural opportunities with Valentine's Day and Pink Shirt Day. As a school, we feature 'Bucket Filling from A-Z: The Key to Being Happy' by Carol McCloud and Caryn Butzke and other related books during our literacy time at school. We read aloud many stories that celebrate kindness and friendship such as 'Choose Kindness' by Ruth Ohi and 'Be Kind' by Pat Zietlow Miller. These books share many examples of things you can do to show kindness and fill the buckets of others as well as your own. Other books that teachers may read in the classrooms are: How Full is Your Bucket' By Tom Rath and Mary Reckmeyer and 'Have you Filled a Bucket Today? by Carol McCloud. These books share the idea of using positive words and actions to keep others and ourselves feeling happy. They are available to borrow from our campus library and there are also many websites that reinforce this concept. Children easily understand they can fill buckets when they do and say things that are kind, considerate, caring, and respectful. They also learn that if hurtful words are used our buckets can be emptied of those good feelings. Even our youngest children understand that actions and words can either fill a bucket or dip into it.

We continue to recognize the efforts of our students as they demonstrate bucket filling acts of kindness and encourage everyone to be bucket fillers at school, at home and everywhere they go! Our bucket filling pursuit is also represented in our core values that guide École John Wilson Elementary School in 'Making a difference for children!' It is École John Wilson Elementary School's commitment to our students to continue surrounding them with strong values and programs that support healthy physical, social and emotional wellness.



## Our BIG 5

1. Be Respectful
2. Be Responsible
3. Be Truthful and Trustworthy
4. Be Cooperative
5. Be Caring



We invite you to join us in wearing pink (t-shirt, pants, socks, or shoes will all work to celebrate friendship and kindness on Innisfail Campus on February 28th, 2023! There will also be a Celebration Assembly on February 28th at 1:26pm. Please feel free to join us! As always, it is ever so important to be kind to both ourselves and others in all we do. Thank-you for helping us in our commitment to providing a safe and caring environment at École John Wilson!

With kindness,

Angela Warke Principal

